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Instructions for use the Kynurenine ELISA

Kynurenine ELISA

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**BA E-2200R** 







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### 1. Introduction

# 1.1 Intended use and principle of the test

Enzyme immunoassay for the quantitative determination of L-kynurenine in serum and EDTA-plasma samples to evaluate L-kynurenine homeostasis.

During acylation, kynurenine is activated at 37 °C and subsequently coupled to a protein. The competitive ELISA following sample preparation is based on the microtiter plate format. The antigen (kynurenine) is bound to the solid phase. The analyte concentrations of the acylated standards, controls and samples and the analyte concentrations bound to the solid phase, compete for the available binding sites of the antibodies. When the system is in equilibrium, the free antigens and free antigen-antibody complexes are removed by washing. The antigen-antibody complex bound to the solid phase is determined with an enzyme-labelled antibody and detected with a substrate by a colour reaction. The reaction is measured at 450 nm. The concentrations of the unknown samples are determined using a standard curve and matching the measured absorbance.

Manual processing is recommended. The use of laboratory automation is the responsibility of the user. This product is not intended to clinical diagnoses.

# 1.2 Background

Kynurenine is a non-proteinogenic amino acid that is produced as a metabolic intermediate during the degradation of tryptophan [1-5]. The degradation of tryptophan is catalyzed by the inducible enzyme indolamine-2,3-dioxygenase (IDO). The product is kynurenine [4, 6-8]. Cytokines, in particular interferon- $\gamma$  [5, 9, 10], influence the activity of the IDO, so that is why the kynurenine path is closely linked to the immune system [9, 11]. Kynurenine can be further converted to neuroprotective kynurenic acid, but also to neurotoxic quinolinic acid [6, 11].

# 2. Procedural cautions, guidelines, warnings and limitations

# 2.1 Procedural cautions, guidelines and warnings

- (1) This kit is intended for professional use only. Users should have a thorough understanding of this protocol for the successful use of this kit. Only the test instruction provided with the kit is valid and must be used to run the assay. Reliable performance will only be attained by strict and careful adherence to the instructions provided.
- (2) The principles of Good Laboratory Practice (GLP) must be followed.
- (3) In order to reduce exposure to potentially harmful substances, wear lab coats, disposable protective gloves and protective glasses where necessary.
- (4) All kit reagents and specimens should be brought to room temperature and mixed gently but thoroughly before use. For dilution or reconstitution purposes, use deionized, distilled, or ultrapure water. Avoid repeated freezing and thawing of reagents and specimens.
- (5) The microplate contains snap-off strips. Unused wells must be stored at 2 8 °C in the sealed foil pouch with desiccant and used in the frame provided. Microtiter strips which are removed from the frame for usage should be marked accordingly to avoid any mix-up.
- (6) Duplicate determination of sample is highly recommended.
- (7) Once the test has been started, all steps should be completed without interruption. Make sure that the required reagents, materials, and devices are prepared for use at the appropriate time.
- (8) Incubation times do influence the results. All wells should be handled in the same order and time intervals.
- (9) To avoid cross-contamination of reagents, use new disposable pipette tips for dispensing each reagent, sample, standard and control.
- (10) A standard curve must be established for each run.
- (11) The controls should be included in each run and fall within established confidence limits. The confidence limits are listed in the QC-Report provided with the kit.
- (12) Do not mix kit components with different lot numbers within a test and do not use reagents beyond expiry date as shown on the kit labels.
- (13) Avoid contact with Stop Solution containing 0.25 M H<sub>2</sub>SO<sub>4</sub>. It may cause skin irritation and burns. In case of contact with eyes or skin, rinse off immediately with water.
- (14) TMB substrate has an irritant effect on skin and mucosa. In case of possible contact, wash eyes with an abundant volume of water and skin with soap and abundant water.
- (15) For information about hazardous substances included in the kit please refer to Safety Data Sheet (SDS). The Safety Data Sheet for this product is made available directly on the website of the manufacturer or upon request.
- (16) Kit reagents must be regarded as hazardous waste and disposed of according to national regulations.

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(17) In case of any severe damage to the test kit or components, the manufacturer has to be informed in writing, at the latest, one week after receiving the kit. Severely damaged single components must not be used for a test run. They must be stored properly until the manufacturer decides what to do with them. If it is decided that they are no longer suitable for measurements, they must be disposed of in accordance with national regulations.

### 2.2 Limitations

Any inappropriate handling of samples or modification of this test might influence the results.

# 2.2.1 Interfering substances

### Serum/Plasma

Hemolytic samples (up to 4 mg/ml hemoglobin), icteric samples (up to 0.5 mg/ml bilirubin) and lipemic samples (up to 17 mg/ml triglycerides) have no influence on the assay results.

If the concentrations cannot be estimated and there are doubts as to whether the above limit values for hemolytic, icteric or lipemic samples are complied with, the samples should not be used in the assay.

# 2.2.2 Drug interferences

Following substances (drugs) are able to interfere with the concentration of kynurenine level in the sample through ingestion: efavirenz, ezetimib/simvastatin, hydrocortisone, 4-hydroxybutanoic acid, navoximod, ACE inhibitors (angiotensin-converting enzyme inhibitor) and ARBs (angiotensin II type 1 receptor blockers) can lower the kynurenine level. Alcohol, interferon-alpha and pivolumab, on the other hand, can increase the kynurenine level.

# 2.2.3 High-Dose-Hook effect

No hook effect was observed in this test.

# Storage and stability

Store kit and reagents at 2 – 8 °C until expiration date. Do not use components beyond the expiry date indicated on the kit labels. Once opened, the reagents are stable for 2 months when stored at 2 – 8 °C. Once the resealable pouch has been opened, care should be taken to close it tightly again including the desiccant.

### **Materials** 4.

### 4.1 Contents of the kit

**BA D-0024** REACT-PLATE 96 Reaction Plate - ready to use

1 x 96 well plate, empty in a resealable pouch Content:

Adhesive Foil - ready to use **BA D-0090** 

Content: Adhesive foils in a researable pouch

Volume: 1 x 4 foils

WASH-CONC 50x **BA E-0030** Wash Buffer Concentrate - concentrated 50x

Content: Buffer with a on-ionic detergent and physiological pH

Volume: 1 x 20 ml/vial, purple cap

**BA E-0040** CONJUĜĂTE Enzyme Conjugate - ready to use

Goat anti-rabbit immunoglobulins conjugated with peroxidase Content:

Volume: ② x 12 ml/vial, red cap

Description: Species is goat

SUBSTRATE **BA E-005** Substrate - ready to use

Chromogenic substrate containing tetramethylbenzidine, substrate buffer and Content

hydrogen peroxide

Volume: 1 x 12 ml/vial, black cap

STOP-SOLN **BA E-0080** Stop Solution – ready to use

Content: 0.25 M sulfuric acid Volume: 1 x 12 ml/vial, grey cap

Hazards identification:

H290 May be corrosive to metals.

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BA E-2210	AS KYN	Kynurenine Antiserum – ready to use		
Content:	Rabbit Anti-Kynu	Rabbit Anti-Kynurenine antibody, in protein containing buffer, blue coloured		
Volume:	1 x 6 ml/vial, blu	е сар		
Description:	Species of the an	tibody is rabbit; Species of the protein in buffer is bovine		
BA E-2211	<b>ACYL-BUFF</b>	Acylation Buffer – ready to use		
Content:	2-(N-Morpholino)	2-(N-Morpholino) ethanesulfonic acid (MES) buffer		
Volume:	$1 \times 30$ ml/vial, br	1 x 30 ml/vial, brown cap		
BA E-2212	ACYL-REAG	Acylation Reagent – ready to use		
Content:	Acylation reagent	t in dimethylsulfoxide (DMSO)		
Volume:	1 x 3 ml/vial, wh	1 x 3 ml/vial, white cap    WYN   Kynurenine Microtiter Strips – ready to use		
BA E-2231	Ш KYN	Kynurenine Microtiter Strips – ready to use		
Content:	$1 \times 96$ Well ( $12 \times 8$ ) antigen precoated microwell plate in a resealable pouch with desiccant			

### 4.2 Calibration and Controls

Standards and Controls - ready to use

Cat. no.	Component	Colour/ Cap	Concentration [ng/ml] KYN	Concentration [nmol/l] KYN	Volume/ Vial	
BA E-2201	STANDARD A	white	ەن 0	0	4 ml	
BA E-2202	STANDARD B	yellow	100	480	4 ml	
BA E-2203	STANDARD C	orange	3000	1,440	4 ml	
BA E-2204	STANDARD D	blue	1,000	4,800	4 ml	
BA E-2205	STANDARD E	grey	3,000	14,400	4 ml	
BA E-2206	STANDARD F	black	10,000	48,000	4 ml	
BA E-2251	CONTROL 1	green	Refer to QC-Report		4 ml	
BA E-2252	<b>CONTROL 2</b>	red (	and acceptable rang	e!	4 ml	
Conversion:	kynurenine $[ng/ml] \times 4.8 = kynurenine [nmol/l]$					

Content: TRIS buffer with non-mercury stabilizer, spiked with a defined quantity of kynurenine.

# 4.3 Additional materials required but not provided in the kit

- Absorbent material (paper towel)
- Water (deionized, distilled, or ultra-pure)

# 4.4 Additional equipment required but not provided in the kit

- Calibrated precision pipettes to dispense volumes between 10 300 µl
- Microtiter plate washing device (manual, semi-automated or automated)
- ELISA reader capable of reading absorbance at 450 nm and if possible 620 650 nm
- Microtiter plate shaker (shaking amplitude 3 mm; approx. 600 rpm)
- Vortex mixer
- Temperature controlled incubator (37 °C) or similar heating device

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### Sample collection and storage

Repeated thawing and freezing of all samples should be avoided! Fasting specimens are advised.

### Plasma

Whole blood should be collected by venepuncture into centrifuge tubes containing EDTA as anticoagulant and centrifuge according to manufacturer's instructions immediately after collection.

Hemolytic, icteric and lipemic samples should not be used for the assay.

Storage: up to 48 hours at 2 - 8 °C, for longer period (up to 6 months) at -15 to -30 °C.

### Serum

Whole blood should be collected by venepuncture into centrifuge tubes, allow to clot, and separate serum by centrifugation according to manufacturer's instructions. Do not centrifuge before complete clotting has occurred. Samples of donors receiving anticoagulant therapy may require increased clotting time. Hemolytic, icteric and lipemic samples should not be used for the assay.

Storage: up to 48 hours at 2 - 8 °C, for longer period (up to 6 months) at -15 to -30 °C.

# 6. Test procedure

Allow all reagents and samples to reach room temperature and mix thoroughly by gentle inversion before use. Number the Reaction Plate and microwell plate (Microtiter Strips which are removed from the frame for usage should be marked accordingly to avoid any mix-up). Duplicate determinations are recommended.

The binding of the antisera and of the enzyme conjugate and the activity of the enzyme are temperature dependent. The higher the temperature, the higher the absorption values will be. Varying incubation times will have similar influences on the absorbance. The optimal temperature during the Enzyme Immunoassay is between 20 - 25 °C.

If the product is prepared in parts, unused wells in Reaction Plate should be covered to avoid contamination. After preparation, the used wells must be labeled to prevent double use.

During the overnight incubation at 2 – 8 °C with the antiserum, the temperature should be uniform all over the ELISA plate to avoid any drift and edge-effect.

 $\triangle$ The use of a microtiter plate shaker with the following specifications is mandatory: shaking amplitude 3 mm; approx. 600 rpm. Shaking with differing settings might influence the results.

# 6.1 Preparation of reagents and further notes

### **Wash Buffer**

Dilute the 20 ml Wash Buffer Concentrate **WASH-CONC 50x** with water to a final volume of 1,000 ml. Storage: 2 months at 2 - 8 °C

### **Acylation Reagent**

The Acylation Reagent ACYL-REAG has a freezing point of 18.5 °C. To ensure that the Acylation Reagent forms a homogenous, crystal-free solution when being used, it must have reached room temperature.

### **Kynurenine Microtiter Strips**

Kynurenine Microtiter Strips

In rare cases residues of the blocking and stabilizing reagent can be seen in the wells as small, white dots or lines. These residues do not influence the quality of the product.

# 6.2 Preparation of samples Acylation

- Pipette 10 μl of standards, controls und samples into the respective wells of the REAC-PLATE 96
- Add 250 µl ACYL-BUFF to all wells. 2.
- Add **25** µl ACYL-REAG to all wells and incubate **1** min at RT (20 25 °C) on a shaker (approx. 600 rpm)
- Cover the plate with **FOIL** and incubate for **90 min** at **37 °C**.
- Fake 20 µl of the prepared standards, controls and samples for the Kynurenine ELISA.

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# 6.3 Kynurenine ELISA

- 2. Add 50 µl of the AS KYN into all wells and mix shortly.
- 3. Cover plate with **FOIL** and incubate for **15 20 h** (overnight) at **2 8 °C**.
- **4.** Remove the foil. Discard or aspirate the contents of the wells. Wash the plate **4 times** by adding **300** μ**I** of **Wash buffer**, **discarding** the content and **blotting dry each time** by tapping the inverted plate on absorbent material.
- **5.** Add **100 μl** of the **CONJUGATE** into each well.
- **6.** Incubate **30 min** at **RT** (20 25 °C) on a **shaker** (approx. 600 rpm).
- 7. Discard or aspirate the contents of the wells. Wash the plate 4 times by adding 300 µl of Wash buffer, discarding the content and blotting dry each time by tapping the inverted plate on absorbent material.
- 8. Add 100 μl of the SUBSTRATE into each well an incubate for 20 30 min at RT 20 25 °C) on a shaker (approx. 600 rpm). Avoid exposure to direct sunlight!
- 9. Pipette 100 µl of the STOP-SOLN into each well and shake the microtiter plate shortly.
- **10. Read** the absorbance of the solution in the wells within 10 min, using a microtiter plate reader set to **450 nm** (if available a reference wavelength between 620 nm and 650 nm is recommended).

# 7. Calculation of results

# Measuring range

63.3 - 10,000 ng/ml

The standard curve is obtained by plotting the absorbance readings (calculate the mean absorbance) of the standards (linear, y-axis) against the corresponding standard concentrations (logarithmic, x-axis) using a concentration of 0.001 ng/ml for Standard A (this alignment is mandatory because of the logarithmic presentation of the data).

Use non-linear regression for curve fitting (e.g. 4-parameter, marquardt).

This assay is a competitive assay. This means: the OD-values are decreasing with increasing concentration of the analyte. OD-values found below the highest standard (Standard F) correspond to high concentration of the analyte in the sample.

The concentrations of the samples and controls can be read directly from the standard curve.

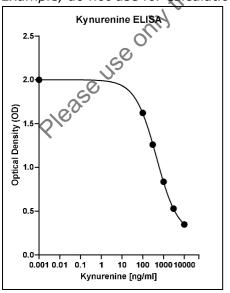
Samples found with concentrations higher than the highest standard (Standard F) should be diluted with the included Standard A **STANDARD A** and have to be re-assayed.

### **Conversion:**

kynurenine  $[ng/ml] \times 4.8 = kynurenine [nmol/l]$ 

# 7.1 Typical standard curve

Example, do not use for calculation!



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# 8. Controls

The confidence limits of the kit controls are indicated on the QC-Report.

# 9. Assay characteristics

# 9.1 Performance data

Analytical Sensitivity		
Limit of Blank (LOB)	32.2 ng/ml	
Limit of Detection (LOD)	45.7 ng/ml	
Limit of Quantification (LOQ)	63.3 ng/ml	

Analytical Specificity (Cross Reactivity)			
Substance	Cross Reactivity [%]		
L-Kynurenine	100		
5-Hydroxy-DL-Tryptophan, Tyrosine, Phenylalanine, Serotonin, L-Asparagine, Kynurenic acid	0.05 with		
Tryptophan	0.18		
3-Hydroxy-DL-Kynurenine	623		

Precision							
Intra-Assay				Inter-Assa	ay 🗸		
	Sample	Mean ± SD [ng/ml]	CV [%]		Sample	Mean ± SD [ng/ml]	CV [%]
serum	1	389 ± 48.9	12.6	serum 💉	S 1	376 ± 67	17.7
	2	989 ± 108	11.0	dilo	2	889 ± 120	13.5
	3	2,324 ± 256	11.0	Un.	3	2,047 ± 203	14.8
plasma	1	400 ± 61.8	15.5	plasma	1	354 ± 45	12.6
	2	984 ± 120	12.2	11.	2	867 ± 62	7.1
	3	2,230 ± 305	13.8		3	1,916 ± 168	8.8

-	,=30 — 300 <sub> </sub>	(= 0,0		-/J-0 — -00	0.0	
		0,				
Lot-to-Lot						
	<b>c</b> \$am	ple	Mean $\pm$ SD [ng/ml]	CV [%]		
Kynurenine in artificial mat	rix 1		591 ± 35.7	6.0		
(n = 3)			1,655 ± 33.5	2.0		
Kynurenine in plasma	1211		612 ± 33.9	5.5		
(n = 3)	2 2		$1,687 \pm 54.7$	3.2		

Recovery					
0/,	Sample	Mean [%]	Range [%]		
50	1	101	90 – 109		
serum	2	93	90 – 96		
250	3	109	95 – 118		
0/60	1	96	82 - 106		
plasma	2	99	90 - 104		
	3	103	97 – 110		

Linearity				
	Serial dilution up to	Mean [%]	Range [%]	
serum	1:128	95	90 - 104	
plasma	1:128	94	89 – 102	

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Method comparison:	$XLC-MS/MS = 0.9x + 71.5$ ; $r^2 = 0.9355$ ; $n = 30$
ELISA versus XLC-MS/MS	ALC-M3/M3 = 0.9X + 71.5, 1 = 0.9555, 11 = 50

# 9.2 Metrological Traceability

The values assigned to the standards and controls of the Kynurenine ELISA are traceable to the weighing.

Standards and Controls	Uncertainty [%]	
Standards and Controls	1.3	

		concentration [ng/ml]	Expanded Uncertainty [%] k = 2*
	plasma	354	25.3
Kynurenine		867	14.4
ELISA		concentration [ng/ml]	Expanded Uncertainty [%] k 🚓 🔭
	serum	376	35.5
		889	27.1

<sup>\*</sup> This defines an interval about the measured result that will include the true value with a probability of 95%.

# 10. References/Literature

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For updated literature or any other information please contact your local supplier.

# 11. Changes

Version	Release Date	Chapter	Change	
17.0-r	2022-11-28	1.	- Introduction	
17.0-r		2.1	- Procedural notes, guidelines and warnings	
X.		2.2.1	- Interfering substances	
		3.	- Shelf life after opening changed to 2 months	
		4.1	- BA E-2212 Acylation Reagent now with white cap	
		5.	- Sample collection and storage	
		7.	- Calculation of results clarified	
		7.1	- Typical standard curve updated	
		9.1	- Lot-to-Lot and LOB/LOQ added	
		9.2	- Metrological traceability added	
		10.	- References updated	
		11.	- Changes added	

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Symbols:

		<u> </u>				
+2	**************************************	storage temperature	***	Manufacturer	Σ	Contains sufficient for <n> tests</n>
		Use-by date	LOT	Batch code		
	$\begin{bmatrix} \mathbf{i} \end{bmatrix}$	Consult instructions for use	CONT	Content		
	<u> </u>	Caution	REF	Catalogue number		Distributor
۵	w	Date of manufacture			RUO	For research use only!

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